



UNION TERRITORY OF JAMMU & KASHMIR
HEALTH & MEDICAL EDUCATION DEPARTMENT
OFFICE OF THE PRINCIPAL GOVERNMENT MEDICAL COLLEGE KATHUA
Email Id: kathuagmc1@gmail.com

Publications:

1. Assessment of Awareness among Medical Students about Hand Hygiene Practices Amidst the Covid 19 Pandemic Indian Journal of Public Health Research & Development, October-December 2021, Vol. 12, No. 4 463
2. Assessment of mental well-being in first year medical students National Journal of Physiology, Pharmacy and Pharmacology 2023 | Vol 13 | Issue 02
3. Evaluation of sleeping patterns during the pandemic National Journal of Physiology, Pharmacy and Pharmacology 2022 | Vol 12 | Issue 06
4. Impact of COVID-19 Pandemic on Medical Education; Challenges for Faculty and Medical and Paramedical Students in a Medical College of South Kashmir. Indian Journal of Public Health Research & Development Volume 14 | Issue 4 | October-December 2022
5. Impact of COVID-19-related lockdown on metabolic syndrome variables in healthcare workers with pre-existing metabolic syndrome: A prospective study National Journal of Physiology, Pharmacy and Pharmacology 2023 | Vol 13 | Issue 06
6. Medical Teaching Online or Offline Journal of Cardiovascular Disease Research ISSN: 0975-3583, 0976-2833 VOL 14, ISSUE 02, 2023
7. Physical Fitness Index of Medical Students in a Tertiary Health Institution Journal of Cardiovascular Disease Research ISSN: 0975-3583, 0976-2833 VOL 14, ISSUE 02, 2023
8. Impact of Covid 19 related lockdown on lipid profile in healthcare workers: A prospective study ISSN: 2250-3137 International Journal of Life Sciences Biotechnology and Pharma Research



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9. Pattern of Noise Induced Hearing Loss and its Relation with Duration of Exposure in Traffic Police Personnel Indian Journal of Community Health /Vol 27/Issue No 02/Apr-Jun 2015
10. Are men's and women's visual and auditory reaction times different? Journal of Cardiovascular Disease research Vol 13 issue 05, 2022
11. Is there an association between the ABO blood type and bleeding or clotting times? Indian Journal of Public Health Research & Development,

Conferences Attended

7 th and 8 th of September (CRAB-E-CON PUNJ), 2019

1 st -3 rd of November (33 RD ANNUAL CONFERENCE OF NORTH ZONE OPHTHALMOLOGICAL SOCIETY), 2019.

Curriculum Implementation Support Programme 22 nd to 23 rd July 2020

2 nd -4 th of October (CRAB-E-CON), 2020

Revised Basic course workshop 2 nd to 4 th September 2021.

7 TH to 9 th September 2021 , (7 th Annual national conference of Association of Physiologist of India)

16 th -17 th of April (NZ-AROICON), 2022

28 th July 2022, CME (Lab based electives in MBBS curriculum : opportunities and challenges

14 th to 15 th October 2022 Research publication workshop 2022 (INNOVATIVE EDUCATION AND SCIENTIFIC RESEARCH FOUNDATION)

28 th -29 th of October (5JKOACON), 2022

11 th 12 th November 2022 Research publication workshop 2022 (INNOVATIVE EDUCATION AND SCIENTIFIC RESEARCH FOUNDATION)



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Transcon 11 th to 13 th November 2022.

17 th to 19 th November 2022 BMSeCON 2022

7 th to 8 th May 2022 HORIZON -3 (Conference on advances in infertility , Art, Recurrent Pregnancy Loss

05th April 2023 Medical Oncology with special emphasis on Multiple Myeloma: an update”.

CME on Dengue & “Fight the Bite. Beat dengue right & “ held at GMC Kathua.

CARCON-24 held at GMC Jammu.

TRAUMACON -24 held at GMC Rajouri